**Capital Growth Edible Gardens Open Day, 21st September 2013**

**Self-Guided Tours - East London**

Further details of all participating spaces at [www.bigdig.org.uk/london](http://www.bigdig.org.uk/london)

Please note: estimated durations are approximate and based on a 30 minute visit to each space. Please feel free to spend as long as you want and make the day of it!

**Cycling tour** (Duration: cycling - 3 hours; walking - 4 hours 45 minutes)

* **Golden Lane Allotments,** Golden Lane Estate (between Basterfield House & Hatfield House), EC1Y 0ST

Open 11am-3pm; refreshments available)

*(Cycle time - 3 minutes; walk time – 11 minutes)*

* **Lever Street Community Garden**, Lever Street (almost opposite junction of Mora Street), EC1V 3SU

Open 1-5pm; refreshments available

*(Cycle time – 7 minutes; walk time -24 minutes)*

* **Hoxton Street Allotments**, Hoxton Street, N1 5JX

Open 10am-3pm

*(Cycle time – 3 minutes; walk time – 11 minutes)*

* **CHUG Floating Allotment**, Kingsland Basin, Regent’s Canal, N1 5BB

Open 11am-4pm; refreshments available

*(Cycle time - 8 minutes; walk time - 27 minutes)*

* **Cordwainers**, 182 Mare Street, E8 3RE

Open 11am-3pm; refreshments available

*(Cycle time – 5 minutes; 19 minutes)*

* **Canal Club Community Centre**, Belmont Wharf, Waterloo Gardens, E2 9HP

Open 12-6pm; refreshments available

*(Cycle time – 4 minutes; walk time – 15 minutes)*

* **Finish at Rocky Park & Co**, Ellsworth Street, Bethnal Green, E2 0AY

Open 11am-4pm; refreshments for sale