

The Regent's Park Allotment Garden, corner of Inner Circle and Chester Road

The Regent's Park allotment garden is Capital Growth's flagship garden at the heart of this beautiful Royal Park, and is a wonderful learning environment. A dedicated team of volunteers work hard to maintain the garden and have turned the site from a blank canvas into an inspirational growing space. Run in partnership between Capital Growth, The Royal Parks, and Capel Manor, the garden has enjoyed two successful years and is set to become even more vibrant and exciting in 2012.

Capital Growth is a partnership initiative between London Food Link, the Mayor of London and the Local Food Fund, and aims to support the creation of 2012 new community food growing spaces by the end of 2012.

The team provides advice, support and resources to schools, housing estates, community groups, businesses and many others to get food-growing projects running and flourishing. In addition, Capital Growth also promotes the value and potential of urban agriculture to policy makers and decision makers in local and national government.



Food Growing Training Calendar

February – December 2012



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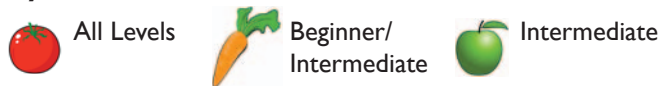











MAYOR OF LONDON

Regents Park Training Timetable

DATE	TIME	COURSE NAME	LEVEL	TRAINER
February Sat 18th	10.30am - 1pm	Permaculture Design Taster		Stefan Geyer
February Sat 25th	10.30am - 3pm	Planning an organic vegetable garden		Alex Collings
March Fri 2nd	10.30am - 3pm	Growing in Schools Teacher Training		Tom Moggach
March Fri 9th	10.30am - 3pm	Growing in Schools Teacher Training		Tom Moggach
March Fri 16th	10.30am - 3pm	Growing in Schools Teacher Training		Nemone Mercer
March Fri 23rd	10.30am - 3pm	Growing in Schools Teacher Training		Nemone Mercer
March Sat 24th	10.30am - 3pm	Planning an organic vegetable garden		Alex Collings

Key



DATE	TIME	COURSE NAME	LEVEL	TRAINER
May Sat 12th	10.30am - 3pm	Planning an organic vegetable garden		Alex Collings
May Wed 16th	5.30pm - 8pm	Composting and Wormeries		Paul Richens
May Sat 19th	10.30am - 1pm	Composting and Wormeries		Paul Richens
June Wed 20th	5.30pm - 8pm	Container growing/ growing in small spaces		Tom Moggach
June Sat 23rd	10.30am - 1pm	Container growing/ growing in small spaces		Tom Moggach
July Wed 11th	5.30pm - 8pm	Soil Feeding and Care		Paul Richens
July Sat 14th	10.30am - 1pm	Soil Feeding and Care		Paul Richens
August Wed 15th	5.30pm - 8pm	Growing Autumn and Winter Veg		Paul Richens
August Sat 18th	10.30am - 1pm	Growing Autumn and Winter Veg		Paul Richens



Alex Collings - Trainer, Get Growing

Alex has been leading a weekly 'Growing Club' on Somerford Grove Estate in Hackney for the last three years, training residents to grow, care for and harvest their own food. She is also a Garden Organic Master Gardener.



Nemone Mercer

Nemone has been a gardener for over 20 years and is the founder of The Ladder Garden Group based at a Children's Centre housed in South Harringay Infants and Nursery School. She currently works for The Federation of City Farms and Community Gardens.



Paul Richens - Urban Garden Designer & Trainer

Paul has been a gardener and 'worm-botherer' since his farming parents gave him his own plot aged three. He now works part time for Global Generation as their Gardens Manager, designing and advising on installing productive vegetable gardens in the King's Cross area, including the infamous Skip Garden.








Stefan Geyer

Stefan has been actively involved in permaculture for many years with a focus on design principles and use in urban settings. Stefan is part of the London Permaculture Network and a trustee of the Permaculture Association.



Tom Moggach

Tom is a gardener, food writer and teacher. He runs City Leaf a horticultural training company, and teaches people of all ages to grow and cook their own food. Tom is also an experienced primary school teacher, and has a particular interest in school gardens.

DATE	TIME	COURSE NAME	LEVEL	TRAINER
September TBC	5.30pm - 9pm	Pop Up Pickle - Making Preserves (Venue TBC)		
September TBC	5.30pm - 9pm	Pop Up Pickle - Making Preserves (Venue TBC)		
November Sat 24th	10.30am - 1pm	Soft fruits, fruit tree pruning and care		Tom Moggach
December Sat 1st	10.30am - 1pm	Permaculture Design Taster		Stefan Geyer
December Sat 8th	10.30am - 1pm	Permaculture Design Taster		Stefan Geyer

Costs

- Workshops: £10 for Capital Growth spaces, £20 others
- Full day sessions: £20 for Capital Growth spaces, £40 others
- Growing in Schools: £25 for Capital Growth spaces, £50 others
- Pop Up Pickle: to be confirmed

For information or to book a place email training@capitalgrowth.org