

Over 50 community food-growing spaces opening to the public

Learn about food-growing in urban environments

Discover your local community growing space

Enjoy activities and sample local produce

Visit a number of sites on a tour

Capital Growth

Edible Open Gardens Day

Saturday 21 September 2013

In association with



North

 Disabled Access

 Toilets

 Disabled Toilets

 Car Park

 Dogs Allowed

 Plants for Sale

 Refreshments

 Tours

 Family Activities

 Talks

Castle Climbing Centre

Green Lanes, N4 2HA 11am-4pm

A 1.2 acre permaculture garden with veg plots and a forest garden that provides the café with food. Mini plots for members and locals as well as a Growing Communities market garden. There will be cob fired pizzas, creative activities for kids, garden herb teas and food tasters, such as berry cordials, garden products for sale, tours around the garden plus lots more!



Manor House tube, Piccadilly line. 10 mins walk down green lanes out of exit 3. Buses 341 and 141

Rowstock Gardens Allotments

Rowstock Gardens, N7 0BG 10am-3pm

A community food growing area with several plots for local residents to learn how to grow their own food. The event will focus on harvesting their produce.

Buses: 29, 253, 390, 393; Overground:

Camden Road-15 minute walk;

Underground: Caledonia Road-15 minutes walk, Tufnell Park-15 minutes walk

Crovers Centre

19 North Road, N7 9EY 11.30am-1.30pm

Small garden for older people with lots of edible plants in the ground, raised beds and containers. We're trying unusual varieties such as amaranth, edible chrysanthemums and Iranian cress. There will also be a 'Vintage Dog Show' (for older dogs and their owners). Tours and tastings from the garden and discussion and demonstrations of green manure use for keeping containers in tip-top condition.



Caledonian Road tube station, 393

Caledonian Park and Community Orchard

Market Road, Islington, N7 9PL 12-6pm

Park and community orchard on the site of the Metropolitan Cattle Market, with a Victorian clock tower, gates and Caledonian railings, woodland areas, new formal garden areas and a community orchard with apple,

pear and plum trees. There will be information about the orchard, caring for fruit trees and the history of the park; apple tasting and apple juice, light refreshments and park goods on sale. Children's play areas.



Caledonian Road underground. 274 Bus down market Road; 390 bus York Way; 393 bus North Road; buses in Caledonian Road

Meadow Orchard Project

Behind Hornsey Health Centre, 151 Park Road, Crouch End, N8 8JD 11am-4pm

This space includes a polytunnel, vegetable beds, a medicinal herb garden, fruit orchard, wildlife meadow and an eco-building.



W7 bus from Finsbury Park tube station stops outside. Local buses to Crouch End and short walk 41, 91, W3, 144

Clissold Community Garden

23a Clissold Road, N16 9EX 10am-4pm

The garden is hidden behind a row of Georgian terrace houses and bordering a very small wood. The gardeners are producing vegetables for the cafes and kitchens of Peter Bedford Housing association who serve healthy food to vulnerable adults. Chat to the gardeners about how they have learned the benefits of growing, cooking and eating their own food. Sample produce from the garden turned into beautiful food and cakes.



Access to the garden between two Georgian Houses on Clissold Road. Nearest Stations: Stoke Newington or Manor House

Jubilee Eco Garden

Filey Avenue, N16 6NR 3-5pm

At Jubilee school there is a lovely vegetable garden which has been planted with over 20 different types of vegetables. They will be holding a farmers market in the school grounds and the children will have a stall selling the produce they have grown. They will also cook & make teas with the herbs.



This garden will be open on Sunday 22

Brookfield School Waterlow Park

Waterlow Park Kitchen Garden, N19 5JF

8.30am-7pm

Look around the raised beds, speak to the gardeners, including some of the children, enjoy the peace and warmth. The park also has a cafe and children's playgrounds.



Buses to Highgate 271 210 W5 etc, nearest tube Archway

Camden BME Alliance & Permaculture Garden

110 Camley St, N1C 4PF 10am-5pm

Community raised beds on an industrial estate behind Kings Cross. There is an Eco Park compost hub where you can collect free compost and the Kings Cross orchard, run with the London Orchard Project. There will be plants for sale, food and drink available from the gardens and all visitors will get a free box of an organic gluten free muesli made with Scottish oats milled in a water mill.



10 mins walk North up Camley St from from all the transport links at Kings Cross

The Regent's Park Allotment Garden

Corner of Chester Road and the Inner Circle, NW1 4NR 11am-4pm











Located at the heart of The Regent's Park, this space is run in partnership with The Royal Parks, Capel manor College and Capital Growth. On the day they will have a tour of the garden, plants up for grabs, activities for children and adults and you'll have a chance to taste some of the garden's produce.



At the heart of The Regent's park, 15 minutes walk from Euston, Baker Street and Great Portland Street underground Station. Number 30, 136 and 205 buses stop close to the park

**All gardens will open on
Saturday 21 September 2013,
unless otherwise stated.**

South East

-  Disabled Access
-  Toilets
-  Disabled Toilets
-  Car Park
-  Dogs Allowed
-  Plants for Sale
-  Refreshments
-  Tours
-  Family Activities
-  Talks

The GrowUp Box

The Marlborough Playground, Union Street, SE1 1SD 1-6pm

The GrowUp Box is an aquaponic urban farm made from a 20ft shipping container with a greenhouse on top. Aquaponics is a recirculating soil-less system for growing fish and vegetables together. They're having a BBQ to celebrate the first summer of the GrowUp Box where they'll be selling salad and fish grown in the GrowUp Box itself! You can also learn about aquaponics and take part in a workshop to create your own hydroponic desktop salad.



Nearest station is London Bridge

Common Growth Community Garden

Sandbourne Road, SE4 2NS 2-5pm

Common Growth is a community garden in New Cross. It's very informal and everyone is welcome to come and help or just enjoy the garden. The garden is constantly developing, and they are always looking for volunteers to help with the upkeep of the raised beds and flower areas. Every Sunday a member of the group makes soup to share so come and join them!



New Cross Gate Tube Station and Bus Station is a 5 minute walk away. From New Cross Rd walk up Jerningham Rd and turn left on Sandbourne Rd, where you will see a green gate with flowers on your left

Ruskin Park Community Garden

Ruskin Park, SE5 8EL 12-3pm

There are veg beds, fruit bushes and bees! They run digs every Sunday so come along and get involved! They will be holding our annual harvest feast on Saturday 21st September. This is an opportunity to sample some of the great veg that is grown in the community garden and have a tour of the garden. Thrive will also be highlighting their great work.



Nearest train station is Denmark Hill and many buses stop nearby for Kings hospital

Myatt's Fields Park Greenhouse

Cormont Road, SE5 9RA 1-4pm

Myatt's Fields Park has a large greenhouse, five large cold frames, a cucumber house and a key hole garden. We use these to cook meals at our cafe and during free food workshops. Myatt's Fields Park will be celebrating harvest festival. There will be live music on the bandstand, food stalls, plant sale and greenhouse tours. All free and everybody welcome!



Closest stations: Loughborough, Brixton.

Local bus P5 leaves you just by the park.

This garden will be open on Saturday 14

Goldsmiths Community Garden

Goldsmiths Community Centre, Castillon Road, SE6 1QD 3-6pm

The garden is designed as an apothecary garden, growing herbs and plants traditionally used in medicine and strewing, with some fruits, vegetables and flowers.

The event will coincide with the garden's AGM and there will be entertainment on the day.



Bus 124 between Catford and Eltham:

Castillon Road stop. Nearest station: Grove Park (1.2 miles).

Sweet Peas Community Garden

47 Kidd Place, off Maryon Rd, Charlton, SE7 8DA 1-4pm

Sweet Peas is managed by residents and volunteers from Maryon Grove & Maryon Road estate along with young offenders supported by Greenwich Youth Offending Team. Greenwich Mind deliver weekly Horticultural Therapy sessions supervised by Greenwich CDA. There will be live music and DJ's playing. Sample and buy local produce including elderberry, blackberry, gooseberry, raspberry jam, elderberry champagne.



Woolwich Dockyard & Charlton station then short walk

Maryon Park Community Garden

Maryon Road, SE7 8DH 10am-4pm

A community garden in the former council plant nursery in Maryon Park near the park keepers lodge. Activities will include making bird feeders and lavender bath balls, a herb sale and mint teas. There will also be a display and talks about the history of Maryon Park and the garden.



By Train: Charlton or Woolwich Dockyard Stations. By Bus: 380, 161, 177, 180, 472

Old Tidemill School Wildlife Garden

Frankham Street, Deptford, SE8 4RN 12-6pm.

The garden is a once neglected nature garden on the site of an old school. It has been lovingly landscaped and contains many hidden secrets and places to explore. It houses a pond, amphitheatre, vegetable patches, a tree house and much more. The garden will be host to a variety of engaging activities. Playful exploration is encouraged and vivid imaginations are a must. Join us in discovering this hidden treasure of a garden and help us let the secret out!



Access to the garden is on both Reginald Road and Frankham Street. Close to Deptford, Deptford Bridge and New Cross overground stations, as well as local bus routes. 10 minutes from London Bridge

Bee Urban, Kennington Park Keeper's Lodge

St Agnes Place, SE11 4AS 11am-5pm

Large garden with bee hives, lots of herbs, fruit trees and shrubs and annual crops. The cob oven will be fired up with pizza to eat.



This garden will be open on Sunday 15

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The Cloister Garden

Telegraph Hill Community Centre, Kitto Road, SE14 5TY 10am-4pm

Grow Wild aims to connect people with food growing and healthy cooking in SE4/SE14. They are working with users of the Telegraph Hill Centre and the Hill Station Cafe to turn the underused Cloister Garden into a bountiful community resource. Herbs grown in the garden supply The Hill Station Community Cafe next door where you can pick up a drink, lunch and scrumptious slices of cake.



The Secret Orchard

Cafe Crema, 306 New Cross Road, SE14 6AF 11am-5pm

Soft fruit, wildlife garden pond and urban orchard with standard fruit trees and espalier wall. Potting shed with small reference library, greenhouse and ducks. Mosaics by local primary school children and ducklings. There will be a mini market as part of Urban Food Fortnight with 4-5 stalls selling locally grown or made foods, honey and duck eggs, homemade bread and cakes/plants. The cafe will also be open selling Fair Trade and organic teas and coffees, lunches etc. Fully licensed.



New Cross Gate or New Cross train station

Somerville Adventure Playground Kitchen Garden

Queens Road, New Cross, SE14 5TY 12-5pm

Somerville Youth and Play Provision runs a grass roots, well-established, community based adventure playground and youth services. Discover the adventure playground and it's new kitchen garden. Join in with gardening and preserving workshops with produce harvested locally in the afternoon. Support the project by buying plants grown by users of the playground.



Queens Road Station - New Cross Gate station. Buses - 36, 53, 136, 171, 172, 177, 436, 453, P13, P12

Surrey Docks Farm

Rotherhithe Street, SE15 5ET 10am-5pm

Surrey Docks Farm has a vegetable, herb and dye garden, all lovingly cared for by local volunteers and people with learning difficulties. They also have a small orchard, bee hives and farm animals. Spend time wandering around the Farm, admiring the plants, meeting the animals and eating in the fantastic cafe. Admission is free but as a charity they suggest a £3 donation from adult visitors.



Brunel Museum Gardens

Brunel Museum, Railway Avenue, Rotherhithe, SE16 4LF Grotto tours 10am-5pm, garden cocktails 5-11pm

Secret rooftop garden above Brunel's Grand Entrance Hall. Flowers and fruits and a giant sundial ringed with stove pipe hats. Tours of the underground chamber below the potager garden from 10am-5pm. Delicious cocktails served in the garden from 5-11pm, made from herbs and fruits grown for the Midnight Apothecary.



Jubilee Line to Canada Water, change to London Overground for Rotherhithe (one stop north). Turn left outside station, immediately left up Railway Avenue (60 paces)

Mobile Gardeners Park

Between Wansey Street and Brandon Street, SE17 1JP 11am-6pm

A dormant, derelict space reclaimed by the local community to be used for growing crops, educating children, and providing a relaxing outdoors space. Planting is in containers that are easily wheeled around within and beyond the garden. A full weekend opening and harvest celebration. Expect food, music and talks.



Numerous buses along the Walworth Road (nearest stop Newington Library), or the Elephant and Castle tube (10 mins walk away)

SOUTH SWEST

Bloom Berry Garden

Glyndon Community Centre, 75 Raglan Road, SE18 7LB 11am- 4pm

The growing space has raised beds, a small orchard. There will be opportunities for new growers to join the group.



291 Bus or walk from Woolwich Arsenal or DLR

Dulwich Vegetable Garden

Rosebery Lodge, Dulwich Park, SE21 7BQ 12-5pm

The aim of this organic garden is to encourage people to have a go at growing their own. It's entirely run by volunteers, who share the produce. Open every Sun & Wed, 10.30-12.30. You can enjoy tea and home-made cakes, wormery demonstrations, competitions, helpful tips and advice.



Rosebery Lodge is adjacent to the Rosebery Gate entrance to Dulwich Park, off the Dulwich Common (no vehicle access)

Home Park Community Garden

Home Park Community Garden, Sydenham Road, SE26 5SE 11am-3pm

The size of a football pitch, this space has six large raised beds. At 11.15 there will be a talk by the Chair of Friends Home Park on the creation and development of the garden. At 11.30 there will be a talk by the expert Gardner in Residence on all things growing in the garden.



Buses 194;202; 356, 450; Nearest Train station Lower Sydenham

Sutton Community Farm

40a Telegraph Track, SM6 0SH 11.30am-4pm

They are London's largest community farm, tucked away on a beautiful 7 acre smallholding overlooking the city. They are celebrating harvest at the farm. Activities include music and delicious food.



Nearest train station is Wallington. You can also travel from London Bridge, changing at Norwood Junction

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Ebury Gardening Group

52 Doneraile House, Ebury Bridge Road, SW1W 8SU 12-4.30pm

They will be holding a BBQ, raffle, face painting and party games.



44 bus stops outside Ebury Estate on Ebury Bridge Road

This garden will be open on Friday 20

Agnes Riley Gardens

Poynders Road, London, SW4 8PN 1-3pm

Community garden where local residents grow herbs, vegetables and fruit to eat and/or sell on the open market. Open day with a guided tour of the garden.



155 bus

This garden will be opening on Sunday 22

Larkhall Park

Priory Court, Off Lansdowne Way, SW8 2PR
11am-3pm

Dig It! Community Food Growing Project is run by Thrive, the gardening charity that works with local people living with disabilities or mental ill health to transform their lives using gardening. They will be demonstrating planting techniques, paper pot making, asking for new and interesting recipe ideas and aiming to engage with the community.



Bus 77, 77a, 196. Nearest tube Stockwell

The Edible Bus Stop

Landor Road, SW9 9JD 1-5pm

This is a volunteer run project that encourages communities to come together to grow edibles in neglected public spaces. The Landor Road garden is their flagship garden. Come along to meet the volunteers and simply enjoy the space or help water and garden it!



Nearest tube is Clapham North, it sits adjacent to the 322 'Lambeth Hospital' bus stop Brixton bound

Secret Garden Battersea

Falcon Estate, SW11 2TH 12-4pm

The Secret Garden is a surprising space with raised beds full of vegetables and fruit and a quiet retreat from busy Battersea. There will be story telling sessions for all ages with food from around the world. Tales from the shed, tours of the garden with advice for young gardeners by young gardeners.



Clapham Junction

Ethelburga Community Garden

Ethelburga Estate, SW11 4AE 10am-4pm

This garden includes seven raised beds, a shed and a greenhouse. It's a very new garden with the group planting the beds for the first time this year. They will be there to talk about why and what they are doing.



Buses 345, 49, 19, 319 from Sloane Square, South Kensington and Clapham Junction

My tiny garden

58 Haverhill Road, SW12 0hb 11am-3pm

A small London garden that uses permaculture principles to grow as much food as possible whilst also providing space for children to play and the family to relax. Featured on BBC Gardeners World for use of front garden. Now also features green roof shed. Tours and discussions. Tea and cake on sale to raise funds for the local food bank and small local business start-up. Display of produce and 'harvestometer' records.



10 minute walk from Balham train/tube/bus

Tooting Community Garden

5 North Drive, Tooting, SW16 1RN 11am-3pm

A project providing a space for local people to learn and practice sustainable food production. Explore the paths along the short but diverse Garden Trail, through natural areas, vegetable plots, herbs, fruit trees and the willow yurt. In preparation for Tooting Foodival the following weekend, they'll be gardening, harvesting and sharing knowledge on local growing and cooking. For children, there is a slide and swings. Bring a picnic weather permitting!



Streatham (1.1KM, bus), Tooting Bec (1.5KM, bus)

Kingston Orchard Project

Knollmead Allotments, KT5 9QP 2-4pm

Fruit and nut trees are growing in-between shrubs, fruit bushes and around the wildlife pond. They are experimenting with new plants and growing techniques to increase diversity in the local community. There will be a talk on forest gardening.













Tolworth Broadway National Railway station, K1, K2 local buses.

This garden will be open on Sunday 22

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West

-  Disabled Access
-  Toilets
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-  Refreshments
-  Tours
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-  Talks

Bee Interested in Portobello Road

Ladbroke Grove, W10 5SR 11am-5pm
A green oasis in the heart of busy Ladbroke Grove. There will be delicious food to try and buy, all using fresh ingredients.



Turn left out of Ladbroke Grove tube, cross over the road and walk north for about ten mins or less. You will pass St Michaels Gardens on the right and you will see the church. Continue up the road for a minute and you will see the gardens on the right.

Meanwhile Gardens

Festival site on Elkstone Road London, W10 5NT 1-7pm

Tours of The Sky Garden located on the roof of the Factory Building will be available. Farm The City Festival includes live music, workshops to celebrate home and community food growing in 'the Grove', West London. The day will include live music, a number of gardening and craft workshops, raw food and more.



Westbourne Park tube station is a closest

Strawberry Hill House Community Garden

268 Waldegrave Road, TW1 4ST 12-3pm

A productive community and educational garden in the beautiful grounds of Horace Walpole's fairytale gothic castle by the Thames in Twickenham. Tasters of produce from the garden with home grown veg and plants for sale. Garden team on hand to answer any questions.



By train: Strawberry Hill 0.3 miles, Twickenham 0.8 miles. By bus, 33 stops outside, R68 stops nearby and connects with Richmond underground and overground train services. On site cycle parking and blue badge parking spaces available

Cultivate London

Brentford Lock West Marketing Suite, TW8 8LR 11am-3pm

Cultivate London's main growing site, a plant nursery, is on the site of a disused loading dock. It has four large poly tunnels as well as outdoor nursery space. It is adjacent to the new Brentford Lock West marketing suite. Plant sale, Site tours, barbecue.



Buses E2 goes directly to site (Brentford Commerce Road) from Northfields Station. Buses 235, 237 from Gunnersbury Station both stop nearby (Brent Lea). Closest Train station is Brentford, a ten minute walk

East

Golden Lane Allotments

Golden Lane Estate (between Basterfield House and Hatfield House), EC1Y 0ST
11am-3pm

There are 35 fruit, flower and vegetable plots, a herb garden and biodiversity area. Established in 2010, the garden is maturing into a haven for birds, insects and people. Meet some of the growers, enjoy refreshments and an exhibition by local residents.



Buses 4, 56 & 153 stop by shops on Goswell Rd/Aldersgate St. 55 & 243 on Old Street near junction with Goswell Rd. Barbican and Old Street tube 10 mins away. Access from Golden Lane along access road in front of Basterfield House

Stepney Farm Kitchen

Stepney City Farm, E1 3DG 10am-4pm

The event will include a Farmers' Market, local produce-based meals in our café, farm and urban farmer-grown produce on sale in the shop, bowl, knife and spoon demos and have-a-go sessions to make your meal crockery and utensils in the Rural Arts Centre. There will also be an art exhibition.



DLR: Limehouse. Stepney, Whitechapel and Mile End Underground. Buses: 339, 25, 15, 25

Rocky Park and Co

Rocky Park, Ellsworth St, Bethnal Green, E2 0AY 11am-4pm

Rocky Park is a thriving community allotment project. It was a disused play area that has been transformed. All the green spaces on the estate will be open for people to explore and take a look at the thriving community gardens.



Bethnal Green Tube, number 8 bus or 388

Canal Club Community Garden

Belmont Wharf, Waterloo Gardens, London, E2 9HP 12-6pm

A small but perfectly formed forest garden overlooking the canal and Victoria park with a new garden dome to grow plants in and to hold workshops for the local community. Bread and pizza making in the outdoor oven,

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Lever Street Community Garden

Lever Street (almost opposite junction with Mora St), EC1V 3SU 1-5pm

One-metre-square raised beds for 17 gardeners surrounded by fruit bushes, flowers and trees. Idyllic make-over for once problematic small Islington park. At least one raised-bed holder will be on hand to answer any questions.



Old Street tube Exit 8: pass Moorfields Eye Hospital, turn left into Cayton St, right into Bath St, left into Lever St. Buses 205, 43, 214, 21, 141, 76, 135, 243, 55

seed sharing, plants reared from seed for sale, free gardening tips, art and embroidery and recycling workshops and many more! Children must be accompanied.



Cambridge Heath Road overland, Bethnal Green tube, buses 8, 26, 48, 55, 106, 254

Lincoln Garden

70 Fern Street, Bow, E3 3PR 11am-4pm

Small community garden on the bend of Fern St meeting Whitethorn St. Activities include harvesting garden crops, face painting, arts and crafts for kids, cupcakes, biscuits, smoothies, shakes, local honey and jams for sale.



Devons Rd DLR; Bow Rd station; buses 323 and 309

Grow Together Be Together Project

Flanders Field community Garden, East Ham, Access from Melbourne Road, E6 2RU 1-4pm

Previously derelict area of the Flanders Road Playing Field in East Ham has been transformed into a community garden. There will be a local food banquet, arts and crafts, upcycling, open fire cooking workshops, foraging, gardening activities for kids, permaculture talks, pop up cafe with tea, coffees, cakes, healthy snacks!



East Ham Underground Station, buses 101, 104, 58, 115, 474

Cordwainers Garden

182 Mare St, E8 3RE 11am-3pm

There are 19 vegetable and herb growing plots, a pond, beehive, hedging, fruit trees and natural dye beds. There will be a Natural Dye Workshop from 11.30-1pm. Find out how to dye using plants from the garden and simple techniques. Booking essential at cordwainerevents@gmail.com £4 fee to cover materials payable on the day.



London Fields and Hackney Central trains. 55, 26, 48, 277, 106, 376, 38, 30 buses

Abbey Gardens

Bakers Row, E15 3NF 10am-4pm

Abbey Gardens is a community garden based in West Ham, London. It surrounds the ruins of a 12th century abbey. www.abbeygardens.org There are free garden club sessions and new gardeners are always welcome. The garden is open to visitors from dawn till dusk.



Abbey Road DLR

Bedfords Park Walled Garden

Broxhill Rd, Havering Atte Bower, Nr Romford, RM4 1QH 12-4pm

Georgian Walled Garden under restoration. The focus is on community development and wellbeing through food. This event is the official opening of the garden. The walls will have been restored and rebuilt and this will be the culmination of a week long harvest festival. Fun for all the family!



Buses 375 and 575 from Romford/Collier Row, stop at Havering Atte Bower then 20min walk to the garden within the Bedfords Park

Linkway Plantastic Prescription Gardens

Grovelay, Dagenham, Essex, RM8 3XL 11am-4pm

Tranquill 1,300 sqm site which locals recall as being previously overgrown for over 31 years. Come and witness transformation in progress since March 2012 into community gardens. Harvest, dig and swap Potatoes, Jerusalem Artichokes, Carrots, Beetroots, Onions etc. Volunteers get to keep one tenth of their dig.



Buses: 5, 364 & 145. If coming from Longbridge Road, take left into Bennets Castle Lane then first right into Linkway, then left into Grovelay. Gate entrance is situated next to no. 95 Grovelay

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What is Capital Growth?

We are London's food-growing network, with over 2,100 members across London. The project is a partnership initiative between London Food Link, the Mayor of London and the Big Lottery's Local Food Fund.

Membership is open to anyone who grows food in London, whether at home, on an allotment, in a school or as part of a community group.



Walking and cycling tours

Why not visit a range of Capital Growth food-growing spaces on foot or bike?

Further information is available at www.capitalgrowth.org/events

Urban Food Fortnight 14 – 29 September

Edible Open Gardens Day is part of Urban Food Fortnight, a celebration of the fantastic local produce being grown, produced and cooked in the Capital.

www.urbanfoodfortnight.org



www.capitalgrowth.org



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